

Rachel L. Willoughby Greene is a Licensed Professional Counselor in the state of Missouri and a Licensed Clinical Professional Counselor in the state of Kansas. Rachel has been treating individuals affected by trauma and stress since 2014. Since 2015 she has been actively involved in Horses & Heroes including building the clinical program and actively treating clients.

Rachel's clinical focus includes trauma and stress and has expertise in the areas of equine-assisted psychotherapy and eye-movement desensitization and reprocessing (EMDR).

Rachel is active in the First Responder community leading peer support teams, debriefings, and education for Fire and Law Enforcement public safety personnel. Rachel has training and specialization in providing evidence-based treatment for traumatic stress and anxiety with a clinical and cultural focus on military members, veterans, first responders, and their spouses.

Education and Training:

MASTER OF SCIENCE IN COUNSELING PSYCHOLOGY | AVILA UNIVERSITY-KANSAS CITY, MO

BACHELOR OF ARTS | BENEDICTINE COLLEGE-ATCHISON, KS

Credentials:

LICENSED CLINICAL PROFESSIONAL COUNSELOR, STATE OF KANSAS

- License number: 2625

LICENSED PROFESSIONAL COUNSELOR, STATE OF MISSOURI

- License number: 2014014460

NATIONAL CERTIFIED COUNSELOR, NATIONAL BOARD FOR CERTIFIED COUNSELORS

- ID 1058306

Post Graduate Training and Experience:

- EMDR trained, *EMDR consulting 2020* ~ Certification in process
- Certified EAGALA Professional, Qualified Mental Health Professional. *Equine-Assisted Growth and Learning Association, 2018*
- EAGALA Military Services Designation 2018
- Equilateral trained, equine-assisted EMDR, *Dragonfly International, 2021*
- QPR Suicide Prevention Trainer, *QPR Institute*
- Utilization of EMDR with Police and First Responders, *Dr. Roger Solomon*
- RTEP and GTEP trained (recent and group traumatic episode protocols) 2021
- West Coast Post Trauma Retreat for First Responders (WCPR) clinician September 2021, March 2022
- Healing the Whole Self, treating dissociation in harmony with EMDR, Part 1 and 2 trained, *Dragonfly International, 2021-2022*
- Mental Health First Aid trained